

Sports Facilities in Hong Kong Sports Institute

- a Golf Practice Facility
- a 25-metre heated swimming pool
- 15 outdoor tennis courts and 4 mini-tennis courts
- 11 glass-back squash courts
- 12 indoor badminton courts
- table tennis and fencing facilities
- 400-metre synthetic running track and field facilities
- 3 full-size football pitches - 2 grass and 1 synthetic grass
- 5-a-side and 7-a-side football pitches
- outdoor cycling velodrome
- jogging trail around the perimeter of the HKSI
- outdoor multi-purpose training area

Source: Website of the Hong Kong Sports Development Board